

## **Finding a Mentor Worksheet**

Use this worksheet to help you network. Don't concentrate on what a mentor is or needs to do. Just fill in as many names of people that you or someone else may know. These do not need to be people that anyone knows well. Use the back if necessary. Get as many people as you can to help you fill in more names. The object is to come up with as many names as you can. Once finished, use the list to contact people and ask for help either to find an adult interested in mentoring, or to consider it themselves. Discuss the names with your family and pick your top three to five choices for a mentor. Contact them or ask someone that knows them better to introduce you. Explain that you are applying for a military-style academy to further your education and you need an adult teammate to mentor you. If they have questions that you are not sure about, be sure to give them the application anyway, and point out the toll-free number they can call to find out more before deciding. Follow up with them in a few days. If they agree to sign up, be sure and thank them. If they decline, be sure and thank them for thinking about it, and politely ask if they may know someone else who might be interested.

<b>Dad's Friends</b>	<b>Mom's Friends</b>	<b>Brother's Friends</b>	<b>Sister's Friends</b>	<b>Parents of Friends</b>
<b>Uncle's Friends</b>	<b>Aunt's Friends</b>	<b>Cousin's Friends</b>	<b>Past/Present Work Associates</b>	<b>Work Associates of Parents</b>
<b>Work Associates of other Family</b>	<b>Neighbors</b>	<b>Neighbors' friends and family</b>	<b>Family/Friends that attend a church</b>	<b>Church friends of those members</b>
<b>Pastors</b>	<b>Retired People anyone knows</b>	<b>Teachers or people they know</b>	<b>Local Business Owners/Workers</b>	<b>Cell Phone Directories</b>
<b>Holiday Card Lists</b>	<b>Email Addresses</b>	<b>Community Leaders</b>	<b>Others</b>	